



SEDATIF PC®:

STRESS, ANXIETY & SLEEPLESSNESS

As documented in Homeopathic Literature, the ingredients of **SÉDATIF PC®** can assist with the management of stress, anxiety and sleeplessness.

NO DROWSINESS

NOT HABIT FORMING

Day and Night
Homeopathic Medicine

Helps restore your calm during the day for better sleep at night.

SÉDATIF PC® IS CONVENIENT:

- ✓ Each box contains 40 tablets that can be sucked throughout the day.
- ✓ No water is needed!
- ✓ You can keep it with you all the time and take it AS SOON AS you feel anxious or stressed!

SÉDATIF PC® IS FOR EVERYONE:

- ✓ Adults
- ✓ Children
- ✓ Elderly patients

Contains sucrose. Persons intolerant to this ingredient should take this preparation only on advice from a practitioner.

SÉDATIF PC® IS COMPREHENSIVE:

SÉDATIF PC® has a unique formula that meets the expectations of your patients through a comprehensive Day & Night Action:

Stress and Anxiety during the Day:

- ✓ Nervous fatigue
- ✓ Anxiety, irritability
- ✓ Agitation
- ✓ Spasmodic discomforts
- ✓ Abdominal cramps
- ✓ Emotional sensitivity



Sleeplessness at Night:

- ✓ Assists the body to restore the balance between the two neurotransmitters, Adrenaline and Adenosine
- ✓ Increases the amount of sleep by 47min+ *
- ✓ Improves Sleep Quality - 2 times less nocturnal awakening

* Résultats de l'étude Luigi Coppola and Fabio Montanaro. Effect of a homeopathic complex medicine on state and trait anxiety and sleep disorders: a retrospective observational study. Homeopathy (2013) 1-8 dx.doi.org/10.1016/j.homp.2013.07.002w

SÉDATIF PC® IS EFFECTIVE:

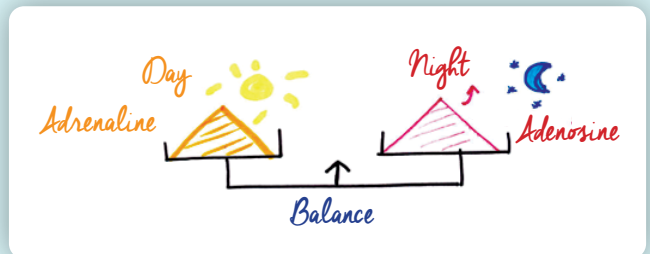
An observational study conducted at department of complementary medicine at the G. Rummo Benevento Hospital in Italy. The study population included 71 subjects with mild to moderate anxiety treated with **SÉDATIF PC®**.

Conclusion: The study revealed that the treatment of anxiety and sleep disorders with SÉDATIF PC® leads to significant benefit even over a short period of time.

THE LINK BETWEEN STRESS, ANXIETY AND SLEEPLESSNESS:

We have a regulated natural balance between two neurotransmitters, Adrenaline and Adenosine:

- ✓ Adrenaline is the neurotransmitter that keeps us awake.
- ✓ Adenosine is a neurotransmitter that promotes sleep.
- ✓ At the end of the day, the secretion rate of Adenosine is higher than the rate of Adrenaline. This is what allows us to fall asleep.



- ✓ Daily stress and anxiety disturbs the balance between these neurotransmitters.
- ✓ The body secretes TOO MUCH ADRENALINE IN THE DAY and the rate of Adrenaline remains higher than that of Adenosine.
- ✓ The body is kept in a state of arousal = SLEEPLESSNESS.

CYCLE OF STRESS

Emotional or Anguished States

Anxiety
Nervousness
Irritability

Sleep Disorders

Difficulty falling asleep
Frequent Awakening
Nightmares

The homeopathic ingredients of **SÉDATIF PC®** assists the body to restore the natural balance between the two neurotransmitters Adrenaline and Adenosine.

STRESS AFFECTS THE ENTIRE BODY & CAN CAUSE MANY OTHER PROBLEMS SUCH AS:

insomnia, emotional & behavioural problems, immune system dysfunction, asthma, ulcers, lack of energy, depression, nervousness, paranoia, etc.

SÉDATIF PC® BENEFITS:

- ✓ Non habit forming
- ✓ No drug interactions
- ✓ No drowsiness

COMPOSITION:

- **Aconitum napellus 6 CH**
Anxiety, shock, nervousness
- **Belladonna 6 CH**
Heightened physical and emotional sensitivity
- **Abrus precatorius 6 CH**
General fatigue
- **Chelidonium 6 CH**
Dyspepsia and physical discomfort
- **Viburnum opulus 6 CH**
Abdominal cramping and muscle tension
- **Calenda officinalis 6 CH**
Calming and soothing

DOSAGE:

- ✓ **Adults:**
Suck 2 tablets 3 times a day
- ✓ **Children under the age of 6:**
Half the adult dose
- ✓ **Children under 6 months of age**
Dissolve 1 tablet in water or crush into a powder (Please seek medical advice either from a doctor or pharmacist prior to use)

Consult your practitioner if symptoms persist.

Sedatif PC® Tablets: Aconitum napellus 6 CH, Belladonna 6 CH, Calendula officinalis 6 CH, Chelidonium majus 6 CH, Abrus precatorius 6 CH, Viburnum opulus 6 CH. U2252 (Act 101/1965)

Aconitum Napellus
(monkshood)



Belladonna
(deadly nightshade)



Calendula officinalis
(marigold)



Chelidonium majus
(wartweed)



Viburnum opulus
(cramp bark)



Abrus
precatorius



I N G R E D I E N T S